



# HR NEWS

MAY 2016



## TRAININGS!!

We are excited to announce a variety of upcoming, low cost trainings. Below are the classes offered through August:

- ◆ 5/25/16 - Write On! Effective Email, Letters and Reports
- ◆ 6/2/16 - Valuing Generational Differences in Your Team
- ◆ 6/8/16 - Making Effective Presentations
- ◆ 6/14/16 - Redesigning Workflow: Business Process Redesign
- ◆ 6/15/16 - Write On! Grammar and Punctuation Made Easy
- ◆ 6/22/16 - Solving Problems and Making Effective Decisions
- ◆ 7/6/16 - Taking Charge of Stress
- ◆ 7/14/16 - Exploring Diversity and Individual Differences
- ◆ 8/9/16 - Compassion Fatigue: The Cost of Caring
- ◆ 8/11/16 - Managing Time Effectively
- ◆ 8/31/16 - Working Toward Effective Solutions: Dealing with Conflict

These trainings are held in Oakland County and cost \$40 or \$75.

To register please contact Amy Alexander at [aalexander@co.genesee.mi.us](mailto:aalexander@co.genesee.mi.us). Looking for a topic not listed? Amy can help with that too.

All upcoming trainings are also listed on our webpage under the "TRAININGS" tab. [www.gc4me.com/Departments/Human Resources](http://www.gc4me.com/Departments/Human Resources)

Please remember to change your address with Human Resources if you move. You must also change it on your tax forms which are located on our website: [www.gc4me.com](http://www.gc4me.com)

## NEW EMPLOYEES

### **WELCOME TO GENESEE COUNTY!**

Angela Barron— District Court

Brandon Clagg— Building & Grounds

Robert Seeley— Sheriff's Department

Traci Zoldos—Circuit

Chelsea Clark—District Court

Kari Baker—District Court

Cailin Donnelly—District Court

Nicole Lalonde—District Court

Dan Veith—Sheriff's Dept.

Ian Zoll—Parks & Recreation

Rhonda Sparling—District Court

Molly Marlatt—Sheriff's Dept

Laura Hummel—Sheriff's Dept

Alex Cline—Sheriff's Dept

Thomas Johnson—Controllers

**Genesee County Human Resources**

**[www.gc4me.com](http://www.gc4me.com)**

**Phone: 810 257-3034**

**Fax: 810 768-7097**



## HAP Cards Coming Soon!

HAP coverage will begin June 1, 2016. Expect to receive your new cards the last week of May. You can access the HAP website at: <https://www.hap.org> or (800) 422-4641.

In addition to important insurance information, the HAP website also offers good resources on smoking cessation programs, weight management, healthy recipes and much more on the *Health & Wellness* tab.

### Jump Start Daily Dozen

Each day a video is loaded on the HAP website to show you an easy exercise to help you stay limber and strong. Go to <https://www.hap.org> and click on Health & Wellness, then choose Jump Start Daily Dozen videos.

### **From the Benefits Office**



A **big** thank you to everyone for another successful open enrollment.

Reminder: During the course of the year, if you have a qualifying event you must notify HR within 30 days from the date of the event in order to add/delete dependents, otherwise you will have to wait until next years open enrollment. If you have questions about adding/deleting dependents throughout the year, please contact Jennifer Draheim in HR.

### HelpNet - Depression

HelpNet's May webinar concerns Depression. Considered to be the family secret that everyone has, depression is a treatable illness that affects the way a person feels, thinks, behaves and functions. Sometimes, normal everyday tasks become nearly impossible to complete. Depression affects 1 in 4 women, and 1 in 8 men. Tragically, 15% of those with depression will choose to end their lives.

Help is available! And it is as simple as calling HelpNet at **(800) 969-6162**. HelpNet services are **free, confidential** and available to employees and their dependents. One phone call made to HelpNet could be a life changer.

The May webinar is called *"Beating the Blues"* and is available on demand beginning on May 17<sup>th</sup> at noon EST. If you can't make it at that time, as all other webinars, it will be archived.

#### To access the webinar simply follow these easy steps:

Log on to [www.helpneteap.com](http://www.helpneteap.com)

1. Click on Work Life Login
2. Insert your company Username: **gencounty** and Password: **employee**
3. Scroll down page to Online Seminars