

## NUTRITIONIST I

**GENERAL STATEMENT OF DUTIES:** Performs professional duties in the area of nutrition and dietary practices, including client evaluations and assessments, and individual and group teaching. Works under the general direction of the Division Director or his/her designee, and performs related duties as assigned.

### **STATEMENT OF TASKS:**

Evaluates clients nutritional status, considering nutritional practices and deficiencies;  
Recognizes need for comprehensive nutritional assessment, and makes appropriate referrals;  
Conducts and evaluates dietary assessment;  
Assesses social, psychological and economic factors in clients life style that may impact their nutritional status;  
Teaches nutrition at the clients level of comprehension, and continuously evaluates the level of success;  
Teaches groups in nutrition and dietary practices.

The statement of tasks above is intended to be sufficient to identify the class and be illustrative of the many duties that may be assigned. It should not be interpreted to describe all of the duties an employee assigned to this class may be required to perform.

### **REQUIRED KNOWLEDGE, SKILLS AND ABILITIES:**

Knowledge of the principles and practices of human nutrition;  
Knowledge of the dietary control of diseases;  
Knowledge of the basic education fundamentals required in developing and teaching in-service education programs;  
Ability to deliver advice and consultation on nutrition to diverse groups;  
Ability to work effectively with officials of other agencies, employees, and the general public;  
Ability to be highly effective in both verbal and written communications;  
Ability to attend work regularly and work under stressful conditions.

### **MINIMUM QUALIFICATIONS:**

Bachelor's Degree and Registered Dietitian\* with no experience necessary.

\*In lieu of being licensed as a Registered Dietitian, applicants must have successfully completed an RD internship and must become registered within one (1) year of the date of hire. Failure to become licensed will result in layoff.

Date Established: April 13, 1992  
Date Revised: May 7, 1996  
Date Revised: February 8, 2000  
Date Revised: May 4, 2000

  
Human Resources Director